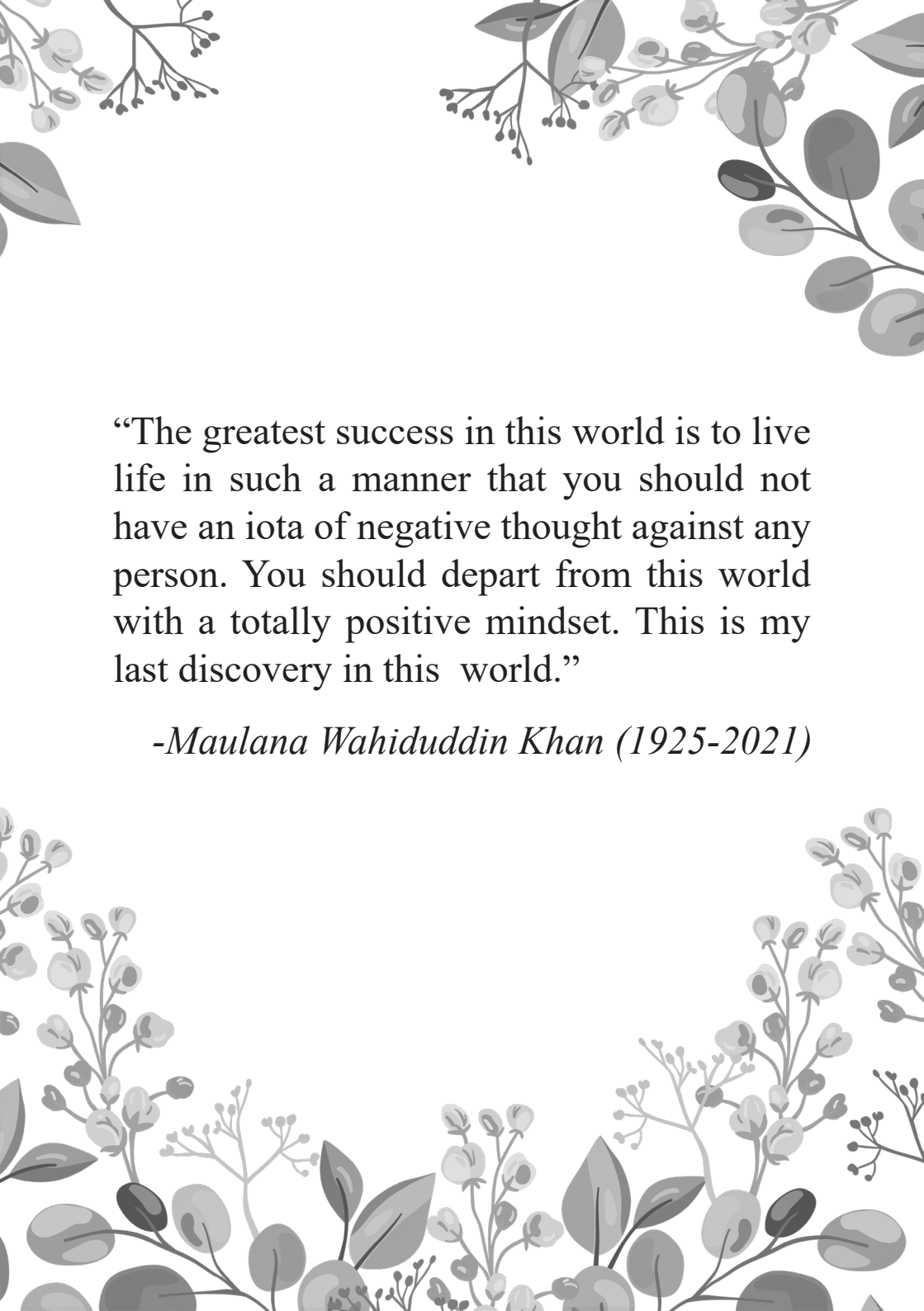




Peace, Spirituality &  
Communal Harmony

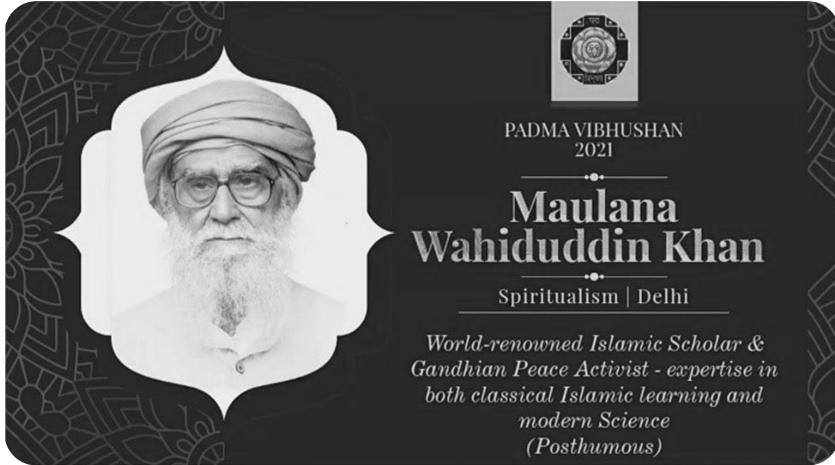


“The greatest success in this world is to live life in such a manner that you should not have an iota of negative thought against any person. You should depart from this world with a totally positive mindset. This is my last discovery in this world.”

*-Maulana Wahiduddin Khan (1925-2021)*

## PADMA VIBHUSHAN

The founder of Centre for Peace and Spirituality International mission Maulana Wahiduddin Khan (1925-2021) was the recipient of many national and international awards including the latest Padma Vibhushan, India's second-highest civil honour.



Maulana Wahiduddin Khan was honoured with Padma Vibhushan by the Government of India (Posthumous). The President of India, Shri Ram Nath Kovind presented Padma Vibhushan for the year 2021, on November 9, 2021 at the Civil Investiture Ceremony-I held at Rashtrapati Bhavan. Maulana's son, Dr. Saniyasnain Khan accepted the award.



Centre for Peace and Spirituality—CPS International—is a non-profit, non-political and non-governmental organization founded by Maulana Wahiduddin Khan in 2001 at New Delhi to promote peace and spirituality. As is apparent from its name, CPS International aims to promote and reinforce the culture of peace and harmony. At CPS we believe that peace and spirituality are two aspects of the one truth. Positive thinking at an individual level is called spirituality; when this positive thinking reaches a collective level in society, it culminates in peace and friendship.

The Centre is striving to address challenges faced by the people today, who having reached the pinnacle of technological achievements are still afflicted with negativities such as stress, violence, pressures of the workplace and problems in social life. As a result, more and more people succumb to emotions such as intolerance, hatred and vengefulness. Signs of this are seen at the individual level as tension and aggression and at a collective level, as disharmony, confrontation conflict and violence. CPS with its chapters worldwide, has dedicated itself to sharing spiritual wisdom so that people can resolve issues peacefully.



Through translations of the Quran ([www.cpsquran.com](http://www.cpsquran.com)) in various languages and our literature on peace and spirituality, we present the concepts of peace and a true understanding of Islam to help the readers discover the peaceful message of Islam. We believe that a religious understanding is essential for bringing about greater communal harmony.

In the above context we humbly present to you this informative booklet. If you find it beneficial there is more on our websites and social media forums for further reading.

**[www.cpsquran.com](http://www.cpsquran.com)**

PDF files of the Quran in several Indian and International languages

For hard copy WhatsApp: +91 8050209492

**[www.cpsglobal.org](http://www.cpsglobal.org)**

Podcasts, blogs, lectures, books and much more

**[www.facebook.com/maulanawkhan](https://www.facebook.com/maulanawkhan)**

Short videos, quotes, updates, live classes

**[www.spiritofislam.co.in](http://www.spiritofislam.co.in)**

Bimonthly digital magazine aimed towards global peace and spiritual living

**[www.mariakhan.in](http://www.mariakhan.in)**

Dr. Maria Khan is a popular speaker on Islam and everyday life

**[www.cpskannada.com](http://www.cpskannada.com)**

For those who wish to read the CPS literature in Kannada

**Words of appreciation regarding Maulana Wahiduddin Khan's translation of the Quran :**

*From an article published in Hindustan Times on January 9, 2010  
written by Khushwant Singh :*

**All I can say is I found them more readable than any translations I had read earlier. I recommend it to Muslims and non-Muslims alike.**

*From an article published in Times of India, Speaking Tree :*

**Simple & direct, the book reaches out to a large audience, Muslims as well as non-Muslims.**

*The article **The Key to Peaceful Living** teaches us the art of conversion which aims at helping us to maintain peace while facing the challenges of life.*

## **The Key to Peaceful Living**

Learn the art of conversion and the whole world will become a means of spiritual food for you. Everyone likes a house surrounded by green trees. Verdant foliage beautifies our world. It is this idea that has brought farmhouses—houses in gardens—into being.

However, it is difficult to find anyone who can listen to the silent message of the trees or who tries to adopt the culture of the tree in his own life. The culture of planting trees is widespread but adopting the culture of the tree is seldom in evidence. Trees beautify our homes but they do not beautify the person living in that house.

A tree lives in the same world as the one in which we live. Nonetheless, there is a difference. People's lives are marred by tension, malice, hate and violence, whereas all these negative features are missing from the tree culture. Man is like a walking tree, but he fails to follow the culture of the tree in his own life. Trees share our world. For man, this world has become a source of complaint, hate and stress, this same world has a different meaning for a tree. The beauty we see in the tree has come from this very world. It has not been imported by it from outer space. How was this possible for the tree? The reason is that the tree, by nature, has adopted the art of conversion: converting things to one's advantage.

What does the tree do? It takes minerals and water from the soil and converts them into food for itself. The tree, through the process of photosynthesis, takes light energy from the sun and converts it into chemical energy, which is then used to fuel its activities.

This is the result of the art of conversion. In doing so, every tree gives a silent message to man: Learn the art of conversion and the whole world will become a means of spiritual food for you. Make the whole world a global source of your personality development. You will be able to live in this world as a complaint-free person.

For example, if a person says something that goes against what you think, then turn it into a point for discussion. If somebody speaks ill of you, then make that a source of self-discovery. If you are discriminated against, then draw the lesson from this instance that you need to develop in yourself that missing quality on the basis of which you have been discriminated against. If someone provokes you, you should defuse the issue through unilateral avoidance. If someone makes you angry, you should calm yourself down by forgiving him. If a person differs from your point of view, then enter into a discussion with him and thus increase your intellectual development.

There is a story that tells us that once someone hit Rama with a stone. In return, Rama embraced the person and in this way, he made the throwing of a stone a means to inculcate in him a positive quality, that is, love for humanity.

This story teaches us a lesson on how to adopt the culture of the tree in one's own life. If you throw a stone at a tree, it will give you fruit in return. This is the highest kind of positive behaviour. By adopting this positive behaviour, you can make the whole world turn in your favour, just as the tree does.

Everyone is free to act. This culture of freedom has filled the world with differences. It is these differences that lead to negative thoughts about others. Then what is the art of living in such a situation? It is in some way or the other to convert every difference into something positive which will be in your favour.

Spirituality is not a mysterious term. It is only another name for positive thinking. Positive thinking means living in positivity despite all kinds of negative experiences. This is the key to spirituality. Any man or woman who wants to live as a spiritual person must adopt this formula, that is, the art of conversion: converting negativity into positivity. Spirituality is not a natural gift: it is an acquired attribute.

Spirituality makes you tension-free and gives you a peaceful mind permanently. Spirituality in itself is a non-material quality, yet it is the basis of all kinds of success, including material success. If you want to live as a successful person and die as a successful person, then you have to learn the art of spiritual living. Spirituality makes one a super person, i.e. a superior version of themselves. Spirituality enables you to unfold the hidden treasures of your nature. Spirituality is the secret of super-achievement in this world. It is the only key to peaceful living.



## COMMUNAL HARMONY

The Quran says: Mankind! We have created you from a male and female, and made you into peoples and tribes, so that you might come to know each other. (49: 13)

There may be differences between people as regards religion and culture. Yet there is a common element among people, and that is they are humans.

According to the teaching of Islam, everyone should be accorded equal status as a human being, even if differences exist between them.

The Prophet of Islam used to rise early in the morning and say in his morning prayer: “O God, I bear witness that all human beings are sisters and brothers to each other.”

The entire human race is destined to live together as one family. Togetherness is the culture of the universe of which we are but a tiny part. Togetherness is the only foundation for a better human society.





**Wisdom is the lost treasure of a believer,  
seek it from wherever you find it.**

**-Prophet of Islam**

Keeping in mind the saying of the Prophet about seeking wisdom from all sources we have this beautiful common teaching from different faiths.

As far as religious beliefs are concerned they are one's personal discovery.

We follow the maxim **“FOLLOW ONE AND RESPECT ALL”**

**The Golden Rule**

**Hinduism**

This is the sum of duty. Do not unto others that which would cause you pain if done to you. (Mahabharata. 5:1517)

**Christianity**

In everything , do to others what you would have them do to you. For this sums up the law and the prophets. (Mathew 7:12)

**Islam**

None of you shall be true believers unless you wish for your brother the same that you wish for yourself. (Prophet of Islam)

**Buddhism**

Do not offend others as you would not want to be offended.  
(Udanavarga 5:18)

**Sikhism**

No one is my enemy, none a stranger and everyone is my friend.  
(Guru Arjan Dev: Ag 1299)

**Judaism**

That which you do not wish for yourself you shall not wish for your neighbour. This is the whole law. (Talmud Shabbat 31)

**Jainism**

All are my friends. I have no enemies. (Mahavira)

## ARTICLES

on current issues and life skills are regularly published in:

### **Times of India - Speaking Tree**

[www.speakingtree.in/maulana-wahiduddin-khan/](http://www.speakingtree.in/maulana-wahiduddin-khan/)

### **Soul Veda**

[www.soulveda.com/guest-contributor/maulana-wahiduddin-khan/](http://www.soulveda.com/guest-contributor/maulana-wahiduddin-khan/)

### **The Sunday Guardian**

[www.sundayguardianlive.com/user/maulana-wahiduddin-khan](http://www.sundayguardianlive.com/user/maulana-wahiduddin-khan)

### **Yours Positively**

[www.yourspositively.com/maulana-wahiduddin-khan-messiah-of-positivity/](http://www.yourspositively.com/maulana-wahiduddin-khan-messiah-of-positivity/)

We sincerely hope you will consider this initiative as a step towards reaching out to one global human family.

The Prophet of Islam said “The creation is as God’s family; for its sustenance is from Him; therefore the most beloved unto God is the person who does good to God’s family.”

This booklet is presented to you with our sincerest supplication that may God bestow you with well-being of every kind and for your lifetime.





**Email:** [quranandpeacemission@gmail.com](mailto:quranandpeacemission@gmail.com)

**Website:** [www.peacemission.in](http://www.peacemission.in)



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